

**La Crosse Area Independent Youth Baseball League**  
**10 & UNDER RULES**

All rules will follow the National High School Rules with the following additions:

- Age:** Player's age on April 30<sup>th</sup> determines their age for the season
- Dimensions:** Bases will be 60 feet apart  
Pitchers rubber will be 46 feet
- Game Rules:** Games consist of 6 innings  
Ten run rule is in effect after 4 innings  
Must have 10 minutes left in game time to start a new inning  
Games not finished 5 minutes after the deadline will be suspended  
**All games have an 85 minute time limit**  
**Home team's scorebook is the official book**
- Substitution:** Free substitution is allowed  
Can play 10 on the field if coaches agree (4 outfielders).
- Bat Size:** Maximum bat diameter is 2 \_ inches (no weight differential)
- Batting:** All players must be in the batting order (late arrivals at the end)  
**C Only:** Bat around no more than **ONCE** in an inning. Largest team lineup determines number of batters per inning. A batter may not run on a dropped third strike
- Pitchers:** Pitchers are allowed 5 warm-up pitches each inning or until batter is ready  
Pitchers may not exceed 3 innings in 24 hours  
One pitch in any inning constitutes an inning of pitching
- Courtesy Runner:** Courtesy runners with two outs are (a) a must for the catcher (b) recommended for the pitcher
- Stealing** Can't steal until there is one strike on the batter  
Can't steal until the ball crosses the plate  
**B & C Only:** Runners can't steal home even on a 1<sup>st</sup> and 3<sup>rd</sup> situation—they can only score from 3<sup>rd</sup> base if walked in, batted in or there is a play made on them  
**B & C Only:** No delayed steal of any kind is allowed  
**C Only:** No runner can advance on over-throws back to the pitcher  
**C Only:** Can only score from 3<sup>rd</sup> if batted or walked in. After one strike, can steal only one base at a time.
- Base Paths:** **Slide to avoid contact with the defensive player.**  
**Questionable calls can result in ejection from the game.**  
The infield fly rule is suspended  
Team players coaching bases must wear a helmet for protection
- Safety:** NO METAL SPIKES  
Jewelry is prohibited  
Catchers must use a face mask w/ throat protector  
**Blood/Bleeding:** Umpires will determine if a player needs to leave. A player not playing will replace them until the condition is resolved and their uniform is clean.
- Miscellaneous:** Each team is allowed 3 defensive conferences per game (after the 3<sup>rd</sup>, a change must be made each time) and one offensive conference per inning