

**La Crosse Area Independent Youth Baseball League  
14 & UNDER RULES**

All rules will follow the National High School Rules with the following additions:

- Age:** Player's age on April 30<sup>th</sup> determines their age for the season
- Dimensions:** **A Only:** "live" baseball with 90' bases  
**B Only:** "live" baseball with 80' bases and 55' pitching rubber  
**C Only:** Pitcher's rubber will be placed at 55' with 75' bases
- Game Rules:** Games consist of 7 innings  
Ten run rule is in effect after 4 innings  
Must have 10 minutes left in game time to start a new inning  
Games not finished 5 minutes after the deadline will be suspended  
**All games have an 85 minute time limit.**  
**A Only:** Time rules only apply if there is a scheduled game following  
Balk Rule is in effect  
**Home team's scorebook is the official book**
- Substitution:** Standard re-entry rules apply except for level C where free substitution is allowed
- Bat Size:** Maximum bat diameter is 2 3/4 inches (no weight differential)  
A ONLY: Bat rating must not exceed -5 for metal bats  
B/C ONLY: Bat rating must not exceed -8 for metal bats (difference in length and weight – i.e. 31" bat and 23 ounces would be a -8 rating).
- Batting:** All players MAY be in the batting order  
Can use designated hitters  
A batter may run on a dropped third strike if less than two outs with or without first base being occupied
- Pitchers:** Pitchers are allowed 5 warm-up pitches each inning or until batter is ready  
**Pitchers may not exceed 5 innings per game and may not exceed 7 innings per week**  
One pitch in any inning constitutes an inning of pitching
- Courtesy Runner:** Courtesy runners with two outs are (a) a must for the catcher (b) recommended for the pitcher
- Stealing** **A/B Only:** LIVE  
**C Only:** Can't steal until the ball leaves the pitcher's hand  
Base runners may score on a passed ball, wild pitch or throw back to the pitcher
- Base Paths:** **Slide to avoid contact with the defensive player.**  
**Questionable calls may result in ejection from the game.**  
Team players coaching bases must wear a helmet for protection
- Safety:** NO METAL SPIKES  
Jewelry is prohibited  
Catchers must use a face mask w/ throat protector  
**Blood/Bleeding:** Umpires will determine if a player needs to leave. A player not playing will replace them until the condition is resolved and their uniform is clean.
- Miscellaneous:** Each team is allowed 3 defensive conferences per game (after the 3<sup>rd</sup>, a change must be made each time) and one offensive conference per inning