

SHELBY YOUTH

baseball softball

SYB Coaches Clinic 2008 - Outline

Time	Topic	Description
10:40 AM	Introduction	Reason for Meeting - Coach the Coaches
		Introduce Helpers & Special Guests
		Order of Events - review this outline
10:45 AM	SYB Coaching	We are Volunteers - Coaching is a privelege
	Information Age	Communication is key - must let parents know what's going on
	Team Parent(s)	Phone Call Chain / E-mail addresses / Cancellations / Rides
	SYB Fun Night (Friday)	Silent Auction - Donations - Volunteering
	Pre-Season Saturday	Photo Forms / Scrimmage
	Equipment & Uniforms	Handout & Turn-in Dates
	Umpires Clinic	Coaches should also attend - have to know the rules to teach them
	Board Meetings	All coaches should be attending whenever possible
	Coach Fun days	SYB Golf Outing / Pig Roast / Christmas Party
11:00 AM	Game Management	League games / on time / hustle / 2 balls / End promptly
		Setup Bases / Game Summary Form / Umpires
		Playing Time tracker - offense / defense
		Conduct - Field / Bench /injury management plan
		STAY POSITIVE - Respect the game
	Tournaments - Away	Conduct - don't ruin it for the ones who follow
		Team Parent - Motels / Meals / Transportation
	Tournaments - Host	Field maintenance / supervising / be a host
		Support the program - No Carry-ins
	Concessions	MUST! - Minimum of 3 times per season
11:15 AM	Practice Preparation	SYB Sites / Non-SYB sites / switching times
		Combo on Equip Lock boxes / shed
		Restroom key - Lockup when you leave
		Batting Cages - holes - Pitching machines - cage safety
11:25 AM	Practice Procedure	Utilize your assistant coaches - Check ego at the door
		Many different ways to accomplished the same thing
		Small groups - Stations rotate players through
		Larger the group = shorter the attention span
		Value of a routine - Anyone can run the practice
11:30 AM	Playing Catch (not fetch)	Playing Catch (not fetch) - Outfield or before
		NEVER IN THE INFIELD - Safety hazzard
		Prior to practice beginning (taking field) if possible
		Demonstration (Yes - it is THAT IMPORTANT!)
11:40 AM	Base-running	Demonstration of Practice Drill - Hit EVERY base
		Philosophy - "Go until I stop you"
11:50 PM	Fundamental Partner Drills	5 drills in 10 minutes
		Demonstration (See Fundamental Defensive Drills Handout)
12:00 PM	Defense by position	Infield - pre-pitch / positioning / responsibilities
		Outfield - reading a batter / backing up bases / get behind ball
12:10 PM	Pitching / Catching	Basic fundamentals - wind-up/stretch - footwork
		Let ALL players try - unless there is a safety concern
12:20 PM	Bunting / Hitting	Bunting basics - footwork - bat/head at top of zone - bend knees
		Hitting basics - wide base - confidence - not afraid to swing & miss
12:30 PM	Thank you for coming	HS Coaches available to answer specific questions
		Do it again - next week, next month, or next year?